



DAYLY CALM

L-Glycine | L-theanine | Magnesium Glycinate | Saffron | B6

L-THEANINE | MAGNESIUM GLYCINATE

L-GLYCINE | SAFFRON | B6

Relax & Unwind

Feel the difference in as little as 15 minutes



Calms the mind



Stress & Emotional
Balance



Clarity & Focus

CALM, CLEAR & IN CONTROL

Delicious, fast acting formula for the moments you need it most

Unwind & Relax

With magnesium glycinate to support relaxation, without the drowsiness.



Stress & Mood

Promotes emotional balance with saffron and b5.



Clarity & Focus

Magnesium and vitamin B6 to help you think clearly and stay focused.



A Calm Mind

L-theanine to support relaxation and calm nervous feelings.

RECOMMENDED FOR THOSE EXPERIENCING:

- Feeling overwhelmed or with restless thoughts
- Wanting to unwind at the end of the day
- Needing calm focus without the drowsiness
- Seeking support for emotional balance during busy or challenging times

INGREDIENT HIGHLIGHTS

L-Theanine – Promotes relaxation without drowsiness; helps settle racing thoughts.

Saffron (Safr'Inside®) – Clinically studied for supporting positive mood and emotional balance.

Magnesium Glycinate – Highly absorbable form to calm the body and ease tension.

Vitamin B6 – Supports mental performance and helps the body adapt during busy times.

ACTIVE INGREDIENTS

L-Glycine	1000 Mg
Magnesium bisglycinate	150 Mg Elemental
L-Theanine	200 Mg
Crocus sativus L. (Safr'inside™)	30 Mg
Pyridoxine HCl (B6)	15 Mg

L-Glycine, Magnesium Glycinate, Natural Flavours, L-Theanine, Saffron (Safr'Inside™), Vitamin B6 (pyridoxine), Natural Plant Based Sweetener (Stevia)

DIRECTIONS FOR USE:

Take daily to stay calm and clear, or in moments need it most. Can be taken AM or PM

Mix 1 scoop (3g) with 250ml water or your favourite drink. Stir & enjoy!



Australian Made | Practitioner Formulated | Clinically-Studied Ingredients